



The Seattle Long Leg

The thigh extension attaches to any adult-sized Seattle Splint, converting it to a Seattle Long Leg.

- Included with each thigh extension:**
- Instructions
 - Measuring tape
 - Screwdriver/wrench combination tools (2)
 - Velcro (2)
 - Extra screws and nuts



1 MEASURE

To ensure the Seattle Splint is sized correctly, measure the distance from the base of the heel to the back of the knee/popliteal space.



Base of Heel to Popliteal Space	Size	Item #
20½" – 23"	Extra Large	100 or 2100
18½" – 20¼"	Large	101 or 2101
16½" – 18¼"	Medium	102 or 2102
14" – 16¼"	Small	103 or 2103

2 WIDEN CALF AND EXPOSE HOLES ON SPLINT

The proximal calf needs to be opened for the designated holes to align with the screws.

Hold the back of the splint to your chest. Use both hands to spread open the sides.

Pull the top edge of the liner down to access the holes. This is where the thigh extension will attach.

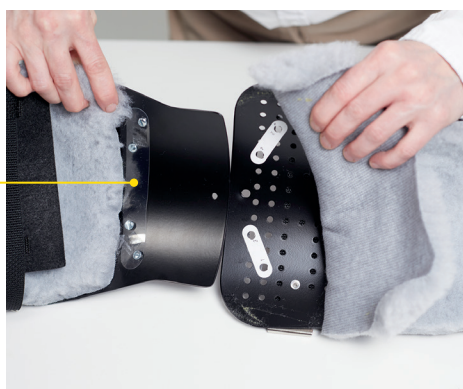


3 REMOVE NUTS FROM EXTENSION

Remove the nuts from the back of the bolts on the thigh extension. Keep the screws in place.



The clear strip on the thigh extension prevents the screws from falling out.



4 ALIGN SPLINT AND EXTENSION

Support the splint on a surface. Slide the distal portion of the thigh extension under the liner.

Use your hands to support both components, pushing the outside screw into alignment hole 1 with your thumb.

Attach the nut and finger tighten. Repeat for hole 2.

Push middle two screws through holes 3 and 4, attach nuts, then finger tighten.



5 TIGHTEN BOLTS

Use the screwdriver/wrench combination tool for tightening. Place the hex around the nut to keep it from spinning.

Place the flat end of the other tool into the screw slot. Tighten securely.

Place the liner back over the splint.



6 CUSTOMIZE

If the splint is too wide: Place hands around the sides and push in to form the thigh.

If the splint is too narrow: Place the back of the thigh extension against your chest and pull out sides to expand.



7 OPTIONAL STRAP ADJUSTMENT

To change the location of the straps on the thigh extension, use the included adhesive backed Velcro strips to attach at the preferred location.

